# Leading Families in a Tech-obsessed World

Presented by Brian Jennings & Chris Autrey

Dancing in No Man's Land

Basketball player

**Two Sons!** 

## **Brian Jennings**

Blackbox Internaional

Sports fan

Author

Husband

Amateur runner



Children's Volunteer

Technologist

### **Chris Autrey**

Nota pro speaker:-)

Own a zoo

Follower of Jesus

Bad beginner guitar player

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### Technology is awesome.

Like any tool or toy, we must be conscious of how we use it.

How many times does the average person check their phone in a day?

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#### 3 Big Ideas

- 1. Tech Companies don't exist to be your friend.
- 2. Have a healthy relationship with tech.
- 3. Reduce the attack surface.

# Big Idea #1 Tech Companies Don't Exist to Be Your Friend

What's the #1 things tech companies need to make money?

Your attention

#### Why Attention? - Fast Facts

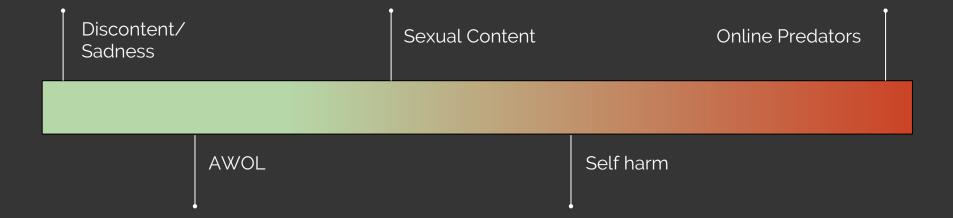
- 86% of Google's revenue comes from ads
- Facebook, Instagram (a part of Facebook), Snap (Snapchat's owner) make nearly all of their money from ads
- Many popular games and apps employ casino-style tricks to keep you coming back
- Your habits and your data is used to make those ads "better" aka more targeted
- If you don't pay for it, you are the product.

# Why does their attention hunger matter?

Exposure

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#### **Negative Exposure Spectrum**



#### Intersection of Technologies & Exposure

	Discontent & Sadness	AWOL	Sexual Content	Self Harm	Online Predators
Open Web Access					
Social Media					
Games					



#### **Discontentment & Sadness**

- 2017 CDC Report showed 11.1% increase in teen suicide
- Facebook reported to advertisers that they could determine a teen's need for a confidence boost based on the content in their feed (2017)
- Facebook publishes study on emotion manipulation
- Social Media leads to a natural state of comparison between your "behind the scenes" life and their "highlight reel"
- Fake people, altered images, etc

## **AWOL - Alternative Ways of Life**

- Could be extreme -> Hate Groups
- Too early -> Sexuality
- Just not for you -> OSU Fan in an OU House

### **Sexual Content - Caution**

# What's the age college students began seeing porn?



#### Porn is everywhere

- 92% of college students had seen it before 18
- \$3 billion US industry
- Millions of sites
- One popular site receives an estimated 800 searches per second (28 billion per year)
- 43% of households have cited it as an "issue" in their homes
- Countless stories of addicted kids who don't know how to handle themselves in a relationship

18% of boys and 10% of girls have watched rape or sexual violence online

15.1% of boys and 8.9% of girls have viewed sexual pictures of children

Instagram and Snapchat both contain entire worlds of porn available through search

Snapchat is popular for coaxing kids to send pics of themselves

### Self Harm

#### **Self Harm**

- Suicide or Self Injury
- Chat rooms that encourage self harm
- Chat rooms highly linked to self harming behavior
- 80% of those who hurt themselves researched it online
- Musical.ly scandal self harm tag searching

#### **Online Predators**

- 20% of teens say they have received unwanted solicitation online
- Online chat rooms are the most common first encounter with sexual predators
- Snapchat frequently used by predators. FBI received 33 cyber tips mentioning it in 8/2013!
- Teens blackmailing other teens
- Using Fortnite, Discord, and Minecraft to get to kids

# Big Idea #2 Have a healthy relationship with tech.

So parents need to parent.

## Big Idea #3 Reduce the Attack Surface